



Cranleigh Abu Dhabi

School Bag Policy

Title:	Co-Curricular, Trips and Events Policy	Version:	V7
Reviewed By:	Head of Operations	Review Date:	January 2026



Cranleigh Abu Dhabi supports ADEK's recommendations regarding the weight and size of school bags. A student's school bag shall not exceed 5-10% of their body weight when packed to avoid adverse effects. The following chart provides guidance regarding maximum weight of school bags:

Year Group	Maximum Backpack Weight Limit
FS2	2kgs
Year 1	
Year 2	
Year 3	
Year 4	3-4.5kgs
Year 5	
Year 6	
Year 7	6-8kgs
Year 8	
Year 9	
Year 10	10kgs
Year 11	
Year 12	
Year 13	

To support these recommendations, the following stipulations are in place:

- Tutors monitor their tutees and encourage the use of lockers to store materials not needed for immediate use. Pupils are advised to return to their lockers at break and lunchtime to offload equipment no longer needed and collect resources for following lessons.
- Pupils should wear their backpacks over two shoulders
- Senior student parents are advised to purchase ergonomic school bags with:
 - Individualised compartments to efficiently hold books and equipment
 - Wide, padded, adjustable straps that fit their child's body
- Heads of Years have access to a hanging scale in order to check the weight of school bags. Spot checks are carried out as appropriate.